

RACE IT 40E IT

THIS IS A CGA
APPROVED RACE



CENTRAL GAUTENG
ATHLETICS

RUN YOUR BEST 10K WITH PIRATES

PIRATES



Brought to you by:

coolideas

INTERNET SERVICE PROVIDER

PIRATES



TOTAL PRIZE POOL: R20 400

Date: Sunday 15th September

Start Time: 7am

Entry fee: R190

Temporary Licence: R75

**LIMITED RACE T-SHIRT. MEDALS FOR ALL
FINISHERS.**

Entries: entrytickets.net/coolideas10 Entries close: Wednesday 11th September 2024
Retail Pre-Entries (close Wednesday 11th September or while stocks last)
Entries available at Pirates Club from reception Mondays to Fridays between 10h00-18h00.

Race number collection: Pirates club - Friday 13th September 12h00 - 17h00 - Saturday
14th September 09h00 - 15h00 - Sunday 15th September 05h00 - 06h30.

PRIZE POOL

POSITION	OPEN	VETS 40 - 49	MASTERS 50 - 59	GRAND MASTER 60 +	JNR
1st	R1 500	R 800	R 800	R 800	R 700
2nd	R1 000	R 600	R 600	R 600	R 500
3rd	R 800	R 400	R 400	R 400	R 300
TOTAL	R3 300	R1 800	R1 800	R1 800	R1 500

25 Braeside Rd, Greenside, Johannesburg, 2034



RACE RULES

- 1.) The race takes place under the rules of the IAAF, ASA, and CGA.
- 2.) Athletes indemnify the national, provincial, and regional bodies, sponsors, and organisation of the races against any of or all actions of whatsoever nature, whatever the same may arise out of their participation in the race.
- 3.) All athletes participate at their own risk. Athletes acknowledge by entering the event that they are medically fit to participate. All athletes must supply the name and contact number of their next of kin on both the race number and entry form.
- 4.) Licensed athletes must wear club colours and their 2024 license number back and front, with the race number worn on the front of the vest. Licensed athletes who do not wear their 2024 license number must purchase a temporary license on the day of the or face disqualification
- 5.) Temporary licensed athletes to wear plain clothing with the issued temporary license on the back of their vest.
- 6.) Athletes competing for category prizes must wear clearly visible age tags of the appropriate size, on the back and front of their running vest.
- 7.) Athletes may not run with another athlete's race number unless by prior arrangement with the race organizer.
- 8.) No seconding allowed.
- 9.) No ear plugged devices are allowed during the race, excluding hearing aid devices in contravention of IAAF rule 144.2b may lead to disqualification.
- 10.) International athletes must provide a clearance letter from their country of origin in the event of them wearing a prize..
- 11.) No blades, cyclists or mechanically operated devices allowed in the race.
- 12.) Prams are welcome however must start at the back of the field.
- 13.) All instructions from traffic, race and technical officials must be obeyed at all times.
- 14.) Proof of age for prize giving. Prizes will be withheld until all the necessary details of the winners are confirmed.
- 15.) Only those who have completed all the information in the race entry/number are eligible for prizes.
- 16.) No refunds.
- 17.) Objections must be lodged within 30 minutes (before or after the prize-giving) in writing to the chief referee accompanied by R300 which is refundable if the appeal is upheld.
- 18.) The total prize value is R20 400 in cash.
- 19.) Prize winners will be announced at the event on Sunday 15 September 2024 at 09H00.
- 20.) Any prize not redeemed for any reason within two weeks of notification will be forfeited.
- 21.) The prizes are strictly cash, is not transferrable and cannot be exchanged for other items
- 22.) The race organizer retains the right to refuse entry and eject persons under the influence of drugs or alcohol, who are disorderly, or engage in inappropriate behavior, vandalism or evade paying for admission.
- 23.) Athletes who participate without buying a race entry will be disqualified, and will not be entitled to any benefits associated with the race and will be liable for a double entry fee charge. Habitual offenders (Those who regularly participate without purchasing a race entry) will be called to a CGA disciplinary.
- 24.) Licensed athletes not wearing club colors maybe face disqualification.
- 25.) Littering is not allowed. Athletes are to dispose of any litter in appropriate bins. Athletes can be disqualified if they litter.
- 26.) Athletes must be 14 years or older to participate in the 10km.

ENQUIRIES

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